



**MINDFUL
KINECTIONS**
FITNESS STUDIO

WEBSITE TERMS & CONDITIONS

Effective Date: 4/1/2026

OVERVIEW

This website is operated by Mindful Kinections LLC (“we”, “us,” “our,” or the “Studio”). We offer this website, including all information, tools and services available from this site to you, the user, conditioned upon your acceptance of all terms, conditions, policies and notices stated herein.

By visiting our site, participating in fitness classes, workshops, and/or purchasing classes, packages, or merchandise from us, you engage in our “Service” and agree to be bound by the following terms and conditions (the “Terms”), including those additional terms and conditions and policies referenced herein and/or available by hyperlink. These Terms apply to all users of our website, including, without limitation, users who are browsers, vendors, customers, merchants, and/ or contributors of content.

Please read these Terms carefully before accessing or using our website. By accessing or using any part of our website, you agree to be bound by these Terms. If you do not agree to all of the terms and conditions herein, then you may not access our website, attend classes, or use any of our Services. If these Terms are considered an offer, acceptance is expressly limited to these Terms.

Any new features or tools that are added to the current site or Services shall also be subject to these Terms. You can review the most current version of the Terms at any time on this page. We reserve the right to update, change, or replace any part of these Terms by posting updates and/or changes to our website. It is your responsibility to check this page periodically for changes. Your continued use of or access to the website following the posting of any changes constitutes acceptance of those changes.

ONLINE SERVICE TERMS

By agreeing to these Terms, you represent that you are at least the age of majority in your state or province of residence, or that you are the age of majority in your state or province of residence and you have given us your consent to allow any of your minor dependents to use this site. You may not use our Services for any illegal or unauthorized purpose nor may you, in the use of the Service, violate any laws in your jurisdiction, including, but not limited, to copyright laws. You must not transmit any malware, worms, or viruses or any code of a destructive nature. A breach or violation of any of these Terms will result in an immediate termination of your Services.

GENERAL CONDITIONS

We reserve the right to refuse service to anyone for any reason at any time. You understand that your content (not including credit card information), may be transferred unencrypted and involve: (a) transmissions over various networks; and (b) changes to conform and adapt to technical requirements of connecting networks or devices. You agree not to reproduce, duplicate, copy, sell, resell or exploit any portion of the Service, use of the Service, or access to the Service or any contact on the website through which the service is provided, without express written permission by us.

The headings used in these Terms are included for convenience only and will not limit or otherwise affect these Terms.

FITNESS STUDIO & CLASS TERMS

Participation in fitness classes, workshops, private sessions, or any other service provided by us is subject to the following terms:

- Clients must sign a waiver and release of liability prior to attending their first class.
- Clients (and his/her guests) must abide by all of the studio's rules, regulations, and policies, including any amendments and/or modifications thereto.
- Classes are subject to scheduling changes or cancellations at our discretion. We will make reasonable efforts to notify clients of such changes.
- Package expiration dates are strictly enforced. Unused sessions will not be refunded.
- Clients are required to notify instructors of any physical conditions, injuries, or limitations prior to class participation. We are not liable for any injuries sustained during classes due to failure to disclose such information.
- Proper athletic attire, including grip socks, must be worn during classes for safety and hygiene purposes. We reserve the right, in our sole discretion, to make the final determination as to what constitutes proper studio attire.
- Any lockers, cubbies, or storage areas provided by us are solely for the benefit and convenience of clients. Personal items left in such areas are done at the client's own risk. We are not responsible for any lost, stolen, or damaged property or goods. Clients are advised not to bring or leave valuables at the studio. Any items that remain in such areas overnight will be removed by us and kept available at the front desk for no more than 30 days.
- Instructors are subject to change in our sole discretion and without advance notice to you.
- Clients must clean up and wipe down their equipment after the end of each class or session.

- Clients agree not to use any Studio facility, service, or equipment in any way that that endangers or may reasonably endanger the health or safety of the client or others. The client is responsible for any property damage or personal injury caused by the client and/or his or her guests. The client agrees not to violate any laws while in any Studio facility or while using any of our services.

ACCURACY, COMPLETENESS AND TIMELINESS OF INFORMATION

We are not responsible if information made available on this site is not accurate, complete, or current. The material on this site is provided for general information only and should not be relied upon or used as the sole basis for making decisions without consulting primary, more accurate, more complete or more timely sources of information. Any reliance on the material on this site is at your own risk.

This site may contain certain historical information. Historical information, necessarily, is not current and is provided for your reference only. We reserve the right to modify the contents of this website at any time, but we have no obligation to update any information on our website. You agree that it is your responsibility to monitor changes to our website.

MODIFICATIONS TO THE SERVICE AND PRICES

Prices for our classes, packages, products, and services are subject to change without notice. We reserve the right at any time to modify or discontinue the Service (or any part or content thereof) without notice at any time. We are not be liable to you or to any third-party for any modification, price change, suspension or discontinuance of the Service.

PRODUCTS OR SERVICES

Certain products or services may be available exclusively online through the website or at our Studio. These products or services may have limited quantities and are subject to return or exchange only according to our Return Policy.

We reserve the right, but are not obligated, to limit the sales of our products or services to any person, geographic region, or jurisdiction. We may exercise this right on a case-by-case basis. We reserve the right to limit the quantities of any products or services that we offer. All descriptions of services, products, or their pricing are subject to change at any time without notice, at our sole discretion. We reserve the right to discontinue any service or product at any time. Any offer for any product or service made on this site is void where prohibited.

We do not warrant that the quality of any products, services, information, or other material purchased or obtained by you will meet your expectations, or that any errors in the Service will be corrected.

TERMS OF SALE

By purchasing any service or product from us, or by enrolling in any class, workshop, or membership, you are offering to purchase a product or service on and subject to these Terms. All purchases are subject to availability and confirmation of the price. Scheduling and participation are subject to availability and Studio policies.

In order to contract with us you must be over 18 years of age and possess a valid credit or debit card issued by a bank acceptable to us. By making a purchase, you represent that all details you provide to us are true and accurate, that you are an authorized user of the credit or debit card used to place your order and that there are sufficient funds to cover the cost.

Refunds for classes, packages, workshops, products, and other services are subject to our Booking and Cancellation Policy and our Return Policy. We may from time to time offer promotional discount codes which may apply in respect of any, or certain specified, purchases made through our website. The conditions of use relating to any discount code will be specified at the time of issue.

ACCURACY OF BILLING AND ACCOUNT INFORMATION

You agree to provide current, complete and accurate purchase and account information when using and purchasing our services and products. You agree to promptly update your account and other information, including your email address and credit card numbers and expiration dates, so that we can complete your transactions and contact you as needed.

OPTIONAL TOOLS

We may provide you with access to third-party tools over which we neither monitor nor have any control nor input. You acknowledge and agree that we provide access to such tools “as-is” and “as available” without any warranties, representations or conditions of any kind and without any endorsement. We shall have no liability whatsoever arising from or relating to your use of optional third-party tools. Any use by you of optional tools offered through the site is entirely at your own risk and discretion and you should ensure that you are familiar with and approve of the terms on which tools are provided by the relevant third-party provider(s). We may also, in the future, offer new services and/or features through the website (including, the release of new tools and resources). Such new features and/or services shall also be subject to these Terms.

THIRD-PARTY LINKS

Certain content, products, and services available via our Service may include materials from third-parties. Third-party links on this site may direct you to third-party websites that are not affiliated with us. We are not responsible for examining or evaluating the content or accuracy and we do not warrant and will not have any liability or responsibility for any third-party materials or websites, or for any other materials, products, or services of third-parties.

We are not liable for any harm or damages related to the purchase or use of goods, services, resources, content, or any other transactions made in connection with any third-party websites.

Please review carefully the third-party's policies and practices and make sure you understand them before you engage in any transaction. Complaints, claims, concerns, or questions regarding third-party products should be directed to the third-party.

USER COMMENTS, FEEDBACK AND OTHER SUBMISSIONS

If, at our request, you send certain specific submissions (for example contest entries) or without a request from us you send creative ideas, suggestions, proposals, plans, or other materials, whether online, by email, by postal mail, or otherwise (collectively, "comments"), you agree that we may, at any time, without restriction, edit, copy, publish, distribute, translate and otherwise use in any medium any comments that you forward to us. We are and shall be under no obligation (1) to maintain any comments in confidence; (2) to pay compensation for any comments; or (3) to respond to any comments.

We may, but have no obligation to, monitor, edit or remove content that we determine in our sole discretion are unlawful, offensive, threatening, libelous, defamatory, pornographic, obscene or otherwise objectionable or violates any party's intellectual property or these Terms. You agree that your comments will not violate any right of any third-party, including copyright, trademark, privacy, personality or other personal or proprietary right. You further agree that your comments will not contain libelous or otherwise unlawful, abusive or obscene material, or contain any computer virus or other malware that could in any way affect the operation of the Service or any related website. You may not use a false e-mail address, pretend to be someone other than yourself, or otherwise mislead us or third-parties as to the origin of any comments. You are solely responsible for any comments you make and their accuracy. We take no responsibility and assume no liability for any comments posted by you or any third-party.

PERSONAL INFORMATION

Your submission of personal information through our website and in-studio is governed by our Privacy Policy.

ERRORS, INACCURACIES AND OMISSIONS

Occasionally there may be information on our site or in the Service that contains typographical errors, inaccuracies or omissions that may relate to product descriptions, pricing, promotions, offers, product shipping charges, transit times and availability. We reserve the right to correct any errors, inaccuracies or omissions, and to change or update information or cancel orders, appointments, bookings, or reservations if any information in the Service or on any related website is inaccurate at any time without prior notice (including after you have submitted your order or reservation request). We undertake no obligation to update, amend or clarify information in the Service or on any related website, including without limitation, pricing information, except as required by law. No specified update or refresh date applied in the Service or on any related website, should be taken to indicate that all information in the Service or on any related website has been modified or updated.

PROHIBITED USES

In addition to other prohibitions as set forth in these Terms, you are prohibited from using the website or its content: (a) for any unlawful purpose; (b) to solicit others to perform or participate in any unlawful acts; (c) to violate any international, federal, provincial or state regulations, rules, laws, or local ordinances; (d) to infringe upon or violate our intellectual property rights or the intellectual property rights of others; (e) to harass, abuse, insult, harm, defame, slander, disparage, intimidate, or discriminate based on gender, sexual orientation, religion, ethnicity, race, age, national origin, or disability; (f) to submit false or misleading information; (g) to upload or transmit viruses or any other type of malicious code that will or may be used in any way that will affect the functionality or operation of the Service or of any related website, other websites, or the Internet; (h) to collect or track the personal information of others; (i) to spam, phish, pharm, pretext, spider, crawl, or scrape; (j) for any obscene or immoral purpose; or (k) to interfere with or circumvent the security features of the Service or any related website, other websites, or the Internet. We reserve the right to terminate your use of the Service or any related website for violating any of the prohibited uses.

ACCOUNTS AND PASSWORDS

If you create an account using any of the services or features available on our website, then you are responsible for all use of your username and/or password and must keep these details secure. We may close accounts if any user is seen to be using proxy IPs (Internet Protocol addresses) which disrupt any of our Services or is an attempt to hide the use of multiple accounts. If you use multiple logins for the purpose of disrupting our website or other users you may have action taken against your accounts.

INTELLECTUAL PROPERTY

We are the owner or the licensee of all intellectual property rights in our Services, including source code, databases, functionality, software, website designs, audio, video, photographs, and graphics in the Service (the "Content"), as well as the trademarks, service marks, and logos contained therein (the "Marks").

Our Content and Marks are protected by copyright and trademark laws (and various other intellectual property rights and unfair competition laws) and treaties in the United States and around the world. The Content and Marks are provided in or through the Services "as-is" for your personal, non-commercial use, or internal business purpose only.

Except as set out in this section or elsewhere in these Terms, no part of the Services and no Content or Marks may be copied, reproduced, aggregated, republished, uploaded, posted, publicly displayed, encoded, translated, transmitted, distributed, sold, licensed, or otherwise exploited for any commercial purpose whatsoever, without our prior expression written permission. We reserve all rights not expressly granted to you in the Services, Content, and Marks. Any breach of these Intellectual Property rights will constitute a material breach of these Terms and your right to use our Services will terminate immediately.

By sending us any question, comment, suggestion, idea, feedback, or other information about the Services ("Submissions"), you agree to assign to us all intellectual property rights in such Submission.

You agree that we will own this Submission and be entitled to its unrestricted use and dissemination for any lawful purpose, commercial, or otherwise, without acknowledgment or compensation to you. You are solely responsible for your Submission and you expressly agree to reimburse us for any and all losses that we may suffer because of your breach of these Terms, any third party's intellectual property rights, or any applicable law.

COOKIES

A cookie is a small file with information that your browser stores on your device. Information in this file is typically shared with the owner of the website in addition to potential partners and third parties to that business. The collection of this information may be used in the function of the website and/or to improve your experience.

To give you the best experience possible, we use the following types of cookies:

- *Strictly necessary.* As a web application, we require certain cookies to run our Service.
- *Preference.* We use preference cookies to help us remember the way you like to use our Services. Some cookies are used to personalize content and present you with a tailored experience. For example, location could be used to give your services and offers in your area.

So long as the cookie is not strictly necessary, you may opt in or out of cookie use at any time.

DISCLAIMER OF WARRANTIES; LIMITATION OF LIABILITY

We do not guarantee, represent or warrant that your use of our Service will be uninterrupted, timely, secure or error-free. We do not warrant that the results that may be obtained from the use of the Service will be accurate or reliable. You agree that from time to time we may remove the Service for indefinite periods of time or cancel the Service at any time, without notice to you. You expressly agree that your use of, or inability to use, the Service is at your sole risk. The Service and all products and services delivered to you through the Service are (except as expressly stated by us) provided "as-is" and "as available" for your use, without any representation, warranties or conditions of any kind, either express or implied, including all implied warranties or conditions of merchantability, merchantable quality, fitness for a particular purpose, durability, title, and non-infringement.

In no case shall we, our directors, officers, employees, affiliates, agents, contractors, interns, suppliers, service providers or licensors be liable for any injury, loss, claim, or any direct, indirect, incidental, punitive, special, or consequential damages of any kind, including, without limitation lost profits, lost revenue, lost savings, loss of data, replacement costs, or any similar damages, whether based in contract, tort (including negligence), strict liability or otherwise, arising from your use of any of the service or any products procured using the Service, or for any other claim related in any way to your use of the Service or any product, including, but not limited to, any errors or omissions in any content, or any loss or damage of any kind incurred as a result of the use of the Service or any content (or product) posted, transmitted, or otherwise made available via the Service, even if advised of their possibility. Because some states or jurisdictions do not allow the exclusion or the

limitation of liability for consequential or incidental damages, in such states or jurisdictions, our liability shall be limited to the maximum extent permitted by law.

WAIVER OF LIABILITY

By participating in our fitness classes and/or other studio services, you acknowledge and accept the inherent risks associated with physical activity. You agree to release, waive, and discharge us, our instructors, and staff from any liability for personal injury, property damage, or loss arising from your participation. You assume full responsibility for any risks, injuries, or damages that may occur.

INDEMNIFICATION

You agree to indemnify, defend and hold harmless us and our parent, subsidiaries, affiliates, partners, officers, directors, agents, contractors, licensors, service providers, subcontractors, suppliers, interns and employees, harmless from any claim or demand, including reasonable attorneys' fees, made by any third-party due to or arising out of your breach of these Terms or the documents they incorporate by reference, or your violation of any law or the rights of a third-party.

SEVERABILITY

In the event that any provision of these Terms is determined to be unlawful, void or unenforceable, such provision shall nonetheless be enforceable to the fullest extent permitted by applicable law, and the unenforceable portion shall be deemed to be severed from these Terms, such determination shall not affect the validity and enforceability of any other remaining provisions.

TERMINATION

The obligations and liabilities of the parties incurred prior to the termination date shall survive the termination of this agreement for all purposes. These Terms are effective unless and until terminated by either you or us. You may terminate these Terms at any time by notifying us that you no longer wish to use our Services, or when you cease using our site, our Services, or cancel your membership or other enrollment with us. If in our sole judgment you fail, or we suspect that you have failed, to comply with any term or provision of these Terms, we also may terminate this agreement at any time without notice and you will remain liable for all amounts due up to and including the date of termination; and/or accordingly may deny you access to our Services, our classes, and our studio (or any part thereof).

ENTIRE AGREEMENT

The failure of us to exercise or enforce any right or provision of these Terms shall not constitute a waiver of such right or provision. These Terms and any policies or operating rules posted by us on our website or in respect to Service constitutes the entire agreement and understanding between you and us and govern your use of the Service, superseding any prior or contemporaneous

agreements, communications and proposals, whether oral or written, between you and us (including, but not limited to, any prior versions of these Terms). Any ambiguities in the interpretation of these Terms shall not be construed against the drafting party.

GOVERNING LAW

These Terms and any separate agreements whereby we provide you Services shall be governed by and construed in accordance with the laws of Massachusetts, without regard to its conflict of laws rules, and the laws of the United States of America. These laws will apply to you no matter where in the world you live, but if you live outside of the United States, you may be entitled to the protection of the mandatory consumer protection provisions of your local consumer protection laws.

CHANGES TO TERMS OF SERVICE

You can review the most current version of the Terms at any time at this page. We reserve the right, at our sole discretion, to update, change or replace any part of these Terms by posting updates and changes to our website. It is your responsibility to check our website periodically for changes. Your continued use of or access to our website or the Service following the posting of any changes to these Terms of Service constitutes acceptance of those changes.

CONTACT INFORMATION

Questions about the Terms should be sent to us at the following:

Mindful Kinnections LLC
22 South Street, Suite 205
Hopkinton, MA 01748
Email: MindfulKinnections@gmail.com
Phone: 508-425-6776